Label the parts of the heart. Use the words from the word bank Draw a line from each word to its function. to help you. right ventricle To carry blood **away** from the heart pulmonary artery (left) veins aorta either to the lungs to be reoxygenated pulmonary artery (right) left atrium right atrium or to the rest of the body. right pulmonary veins left ventricle aortic valve left pulmonary veins superior To carry blood **to** the heart either capillaries vena cava from capillaries to be pumped to the lungs to be reoxugenated or from the lungs to be pumped around the body again. To allow for the exchange of oxygen arteries and carbon dioxide and nutrients throughout the body. inferior vena cava

Name two organs involved with the circulatory system.

What are the muscles called that are found in-between each rib?

What are is a sadad as beginning	
What gas is needed when we inhale?	Give three benefits of taking regular exercise.
What gas do we exhale?	1.
Name three ways smoking can affect the body.	3
•	
•	Join up each nutrient to the job it performs in the human body.
•	carbohydrate To provide energy.
	protein To keep you healthy.
	fat To help move food around the body.
	fibre To provide energy and keep us warm
	vitamins and minerals To help us grow and repair.

Write true or false next to each statement. Nutrients and water are absorbed in the lungs and heart Nutrients enter the bloodstream via the capillaries where they are passed through to the arteries The blood is circulated throughout the body (including being oxygenated in the lungs) Nutrients are absorbed by the cells that need them and water is absorbed by all cells	Put these parts of the digestive system in the order of which food goes through them: stomach, small intestine, mouth, rectum, large intestine, oesophagus 1
Circle the possible effects of people drinking too much alcohol over a long period of time.	6
high blood pressure improved brain function addiction	Write true or false next to each statement. All drugs are illegal
liver damage shallow breathing stomach cancer	All drugs are harmful

Alcohol, cannabis and nicotine are all drugs.

Vaping cigarettes aren't drugs. _____

Vaping cigarettes are totally harmless.

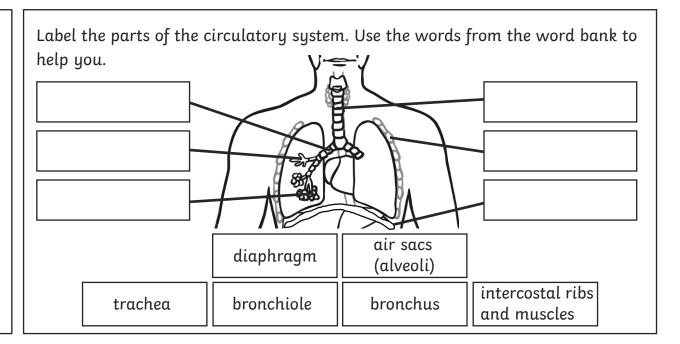
Fill in the missing letters to work out the terms.

Stomach acids break food down in to:

c_y_e

The place where bile and enzymes break down larger bits of food into smaller parts.

d_o_e_u_



Match the parts of the digestive system with their function.

tongue

oesophagus

pancreas

liver

gall bladder

To transport food to the stomach.

To produce the bile that breaks down fats.

To mix food with saliva so that it can be swallowed.

To produce the enzymes that break down fats, carbohydrates and proteins.

To store bile and release it into the duodenum when needed.

Label the parts of the heart. Use the words from the word bank to help you. right ventricle pulmonary artery (left) aorta pulmonary artery (right) left atrium right atrium aortic valve right pulmonary veins left ventricle left pulmonary veins superior aorta vena cava right left pulmonary pulmonary artery left atrium right pulmonary left pulmonary right atrium left ventricle riaht ventricle inferior vena cava

Draw a line from each word to its function. To carry blood **away** from the heart veins either to the lungs to be reoxygenated or to the rest of the body. To carry blood **to** the heart either capillaries from capillaries to be pumped to the lungs to be reoxugenated or from the lungs to be pumped around the body again. arteries To allow for the exchange of oxygen and carbon dioxide and nutrients throughout the body.

Name two organs involved with the circulatory system.

heart and lungs .

What are the muscles called that are found in-between each rib?

intercostal muscles

What gas is needed when we inhale?

oxygen

What gas do we exhale?

carbon dioxide

Name three ways smoking can affect the body.

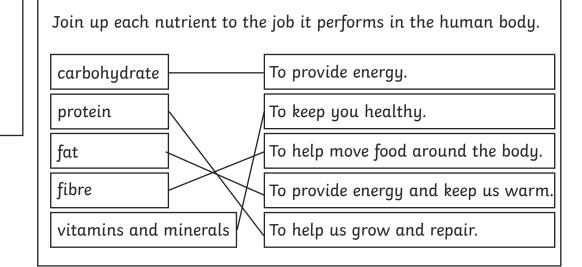
Answers could include:

- smoking can cause high blood pressure
- smoking can increase the risk of a heart attack or stroke
- smoking can cause cancers, such as lung or mouth cancer
- smoking can cause the skin to prematurely age
- smoking can weaken bones

Give three benefits of taking regular exercise.

Answers could include:

- that it strengthens muscles (including the heart)
- it improves circulation
- it increases the amount of oxygen going around the body
- it releases brain chemicals to make you feel happy/calm
- it helps you to sleep better
- it strengthens bones



Write **true** or **false** next to each statement.

Nutrients and water are absorbed in the lungs and heart. **False**

Nutrients enter the bloodstream via the capillaries where they are passed through to the arteries. **True**

The blood is circulated throughout the body (including being oxygenated in the lungs). <u>True</u>

Nutrients are absorbed by the cells that need them and water is absorbed by all cells. **True**

Circle the possible effects of people drinking too much alcohol over a long period of time.

high blood pressure

improved brain function

addiction

(liver damage

shallow breathing

stomach cancer

Put these parts of the digestive system in the order of which food goes through them:

stomach, small intestine, mouth, rectum, large intestine, oesophagus

- 1. mouth
- 2. oesophagus
- 3. stomach
- 4. small intestine
- 5. large intestine
- 6. rectum

Write **true** or **false** next to each statement.

All drugs are illegal. **False**

All drugs are harmful. False

Alcohol, cannabis and nicotine are all drugs. **True**

Vaping cigarettes aren't drugs. False

Vaping cigarettes are totally harmless. **False**

Fill in the missing letters to work out the terms.

Stomach acids break food down in to:

c **h** y **m** e

The place where bile and enzymes break down larger bits of food into smaller parts.

d u o d e n u m

